



# Diary of Triggers



List situations that trigger your dog's inappropriate behaviour and then think of ways that you can reduce, remove or manage these triggers.

Trigger (the thing that prompts the behaviour)	Ways you can remove/reduce/control the Trigger
e.g. Walking in busy places	<ul style="list-style-type: none"><li>✓ Avoid busy places - plan quieter locations at quieter times</li><li>✓ Hire a private dog playing field</li></ul>
e.g. Walking when its dark	<ul style="list-style-type: none"><li>✓ Stop walking in an evening</li><li>✓ Replace evening walks with scent games and fun training in the house and garden</li></ul>



# Diary of Triggers



List situations that trigger your dog's inappropriate behaviour and then think of ways that you can reduce, remove or manage these triggers.

Trigger (the thing that prompts the behaviour)	Ways you can remove/reduce/control the Trigger